



Present

Get the Edge 2010

With international guest coach

Stanick Jeanette

With

Simon Briggs

(ISU Technical Specialist)

Debi Briggs

(NISA Level 5 Coach)

Yvonne Cameron

(NISA Level 5 Coach)

Monday 26th July – Friday 30th July 2010

Dundee Ice Arena
Camperdown Leisure Complex,
Kingsway West,
Dundee
DD2 3SQ

01382 889369
0774 010 4596
Email. icecoachingelite@aol.com

Get the Edge 2010

Summer Skating School with Stanick Jeanette

Since 1994, Get the Edge has been successfully hosting summer schools every year for skaters of all levels coming from all over the world. This year your schedule will be well organized with a perfect balance of specific on and off-ice classes, activities, and training techniques, allowing you to improve your skating and at the same time enjoy your summer in Dundee.

This international camp will be held from Monday 26th July to Friday 30th July 2010.

On-ice training will be held in the mornings at Dundee Ice Arena, which is set within the beautiful grounds of Camperdown Park and golf course. Lunch will be provided at David Lloyd Centre, with off-ice training taking place there in the afternoons. This is the 16th anniversary of our school and we have used our experience to structure training for the skaters so that they leave the camp inspired and prepared to train for the coming season.

Technical Team

Stanick Jeanette

Dundee is delighted to welcome two-time French Champion and two-time European bronze medalist Stanick Jeannette. He works as a coach and choreographer, and has choreographed programs for skaters such as Florent Amodio and Miriam Ziegler.

Working alongside Stanick in the school will be Simon and Debi Briggs, and Yvonne Cameron, along with the Ice Coaching Elite team of coaches.

Simon Briggs

Simon is coach to the current British Men's Champion, Matthew Parr. He is a NISA Level 4 coach in both singles and pairs. He was an ISU technical specialist at this year's Olympic Games in Vancouver, and is NISA's Coaching Director. He competed at international level himself and now also coaches skaters internationally.

Debi Briggs

Debi is also coach to the current British Men's Champion, Matthew Parr and is a NISA Level 5 coach in singles. She has coached many British champions and skaters to European, Worlds and Olympic Games. She is now based in Dundee with her husband Simon Briggs.

Yvonne Cameron

Yvonne is a NISA Level 5 coach in singles. She has also coached skaters to European, Worlds and Olympic Games. She is now based in East Kilbride.

Skaters

We are privileged to host a training camp with two-time British Senior Men's Champion, **Matthew Parr** and two-time British Senior Ladies Championship runner up, **Karly Robertson**.

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The school includes a host of activities:

- On ice jump technique classes.
- On ice spin classes.
- On ice IJS classes.
- On ice edge classes.
- On ice choreography classes.
- Practice ice.
- Off-ice workouts.
- Off-ice lectures on the updated IJS changes.
- Lunch each day.
- Travel to and from off-ice venue.
- School t-shirt for skaters.
- Closing bar-b-que and presentation.

Fee

The fee to **skaters** for the Get the Edge 2010 (without accommodation) will be:

£300.00 for 5 days

The fee to **coaches** for the Get The Edge 2010 (without accommodation) will be:

£50 per day. (Credits towards NISA Coaching Licence – 6 points per day)

Information and application form for the school can be found on the following websites.

www.dundeeiceskatingclub.co.uk

www.iceskating.org.uk

If you would like to participate in the **Get the Edge 2010** please return the application form below. Applications cannot be processed without completion of the form and full payment.

Unfortunately, the number of participants will be limited and therefore must be accepted on a first come first served basis.

Closing date for applications 1st July 2010

Cheques made payable to Mrs.Briggs.

Get the Edge 2010

Summer Skating School with Stanick Jeanette

Local accommodation:

Premier Inn, Kingsway West - on site of ice rink – 01382 568431

Travelodge, Kingsway – half a mile from ice rink – 01382 624164

The Landmark Dundee – Kingsway West – half a mile from ice rink –
01382 641122

Seabraes Hall self catering accommodation

> <http://www.scotland2000.com/seabraes/>

The Management Company is:-

Sanctuary Management Services

Management Office

Heathfield

75 Old Hawkhill

Dundee DD1 5EN

Telephone number: 01382 573111 Fax number: 01382 573057

Email: enquiries-dundee@sanctuary-housing.co.uk

Local information:

www.dundeeinformation.co.uk

www.dundeeicearena.com

Get the Edge 2010

Summer Skating School with Stanick Jeanette

Dundee Ice Arena

Monday 26th July-Friday 30th July

Skaters Application Form

Full Name:.....

Address:.....

.....

Post Code:.....Contact Tel:.....

Email Address:.....

Date of Birth:.....Age at 1st July 10:.....

Field Move:.....Element:.....Free:.....

Training Rink:.....NISA Licensed Coach:.....

T Shirt Size Age 5-6 Age 7-8 Age 9-10 Age 11-12

Adult Small Adult Medium Adult Large Adult XL

Do you have any medical condition of which we need to be aware of? If

yes, please supply details.....

I hereby apply to participate in Get the Edge Summer Skating School at Dundee Ice Arena. I understand that there are many risks inherent in and incidental to participation in the skating school. I assume all risks inherent in and incidental to such participation and hereby release, absolve and hold blameless, Dundee Ice Arena and Ice Coaching Elite, employees, coaches and staff of any claim arising from any injury or damage sustained, however caused, resulting directly or indirectly from participation in the skating school at any time preceding, during or after such school is in session.

Signed (Skater/ parent if under 18):.....Date:.....

Closing date for all entries 1st July 2010.

Skaters fee: £300.

Cheques made payable to **Mrs. Briggs** with application.

Please post applications to

Ice Coaching Elite

The Willows,

Duntrune by Dundee.

DD4 0PP.

Get the Edge 2010

Summer Skating School with Stanick Jeanette Dundee Ice Arena Monday 26th July-Friday 30th July

Coaches Application Form

Full Name:.....

Address:.....

.....

Post Code:.....Contact Tel:.....

Email Address:.....

Coaching level: 1 2 3 4 5

Days attending: Mon Tues Wed Thur Fri

I hereby apply to participate in Get the Edge Summer Skating School at Dundee Ice Arena. I understand that there are many risks inherent in and incidental to participation in the skating school. I assume all risks inherent in and incidental to such participation and hereby release, absolve and hold blameless, Dundee Ice Arena and Ice Coaching Elite, employees, coaches and staff of any claim arising from any injury or damage sustained, however caused, resulting directly or indirectly from participation in the skating school at any time preceding, during or after such school is in session.

Signed.....Date.....

Closing date for all entries 1st July 2010.

Coaches fee £50 per day.

Cheques made payable to **Mrs.Briggs** with application.

For more information telephone **0774 010 4596.**

Please post applications to
Ice Coaching Elite
The Willows,
Duntrune by Dundee.
DD4 0PP.